

St. Philomena's N.S.

6th Class Transition Week

2020



Tuesday



Today's Activities:

1. Morning Music
2. Question of the day
3. My Hobbies
4. Subject Guide
5. Get moving!
6. 'Silent Statements' - Padlet
7. Sample a Subject - French
8. Diary entry
9. Slán libh and quote of the day.

1. Morning Music



Have a listen to the song 'A Whole New World' from Aladdin.

I'm sure you all know it. A beautiful song that helps us to be positive about the future!

<https://www.youtube.com/watch?v=hZ1R>

[b9hC4JY](#)

2. Question of the Day



This question is taken from your 6th Class Passport. Have a think about your answer today. Use activity 3 to give you ideas!

‘My hobbies and interests are...’

3. My Hobbies and Interests

I think we all would agree that the world would be a boring place if we were all the same! Today we want you to think about your hobbies and interests that make you YOU.

Do you love sports? Or would you rather snuggle up on the couch with a good book? Maybe you love both! Are you a creative type, who loves music and art? Perhaps you are Ireland's next celebrity chef!

Have a think about your hobbies and interests.

Then draw and/or write about them!

You may share this to the Padlet if you like. 😊

4. Subject Guide

One of the best things about starting secondary school is all of the new subjects you can take part in! Everyone has their strengths, and secondary school is the perfect opportunity for you to develop yours. Or to discover new talents!

Have a look at some of the Junior Cycle subjects below and read their description. Then try the Kahoot quiz!

Subject	Description
Science	<p>You learned some Science in primary school. In secondary school, you study these 4 areas:</p> <ul style="list-style-type: none">- The Biological World ('Biology'). This part of science involves studying living things.- The Chemical World ('Chemistry'). This part of science involves studying the make-up of substances and how they change.- The Physical World ('Physics'). This part of science involves studying motion, energy, forces, etc.- Earth and Space. This part of science involves studying many different things about Earth and outer space.
French/ German/ Spanish	<p>As you can guess, these are languages that you learn. The languages you can choose from depends on the school.</p>

Home Economics	Home Economics (sometimes just called 'Home Ec.') is a practical subject with some theory too. It includes learning about food and nutrition, some science, textiles, managing a household (e.g. finances and parenting) and general health and wellbeing.
Business	In business, you get a better understanding of business and the world of work. You learn about finances, enterprise and the economy.
Materials Technology (Wood)	Materials Technology Wood is commonly called 'Woodwork' The subject combines theory and practice to design and produce products, mainly manufactured from wood.
Materials Technology (Metal)	Materials Technology Metal is often called 'Metalwork'. This subject focuses on metal, how to work with it and how to assemble different parts.

	Other materials such as plastics and wood may also be used.
Technical Graphics	In Technical Graphics you will learn how to represent 3-D objects on paper and on computer. You will develop problem solving and creative thinking skills through the solution of graphical problems.
Wellbeing Programme	Wellbeing includes P.E., Guidance, C.S.P.E. (we learned about this yesterday) and S.P.H.E. (Social, Personal & Health Education - we do this in primary school).

Now try a Kahoot quiz called 'Name the Subject!'.
To access the quiz, click on this link:

https://kahoot.it/challenge/0728472?challenge-id=4c452a60-a7b4-4e95-8c70-5061d948cc93_1590414299956

Or if you have the app, enter in this pin: 0728472

You may try it as many times as you like! 😊

5. Get moving!



Let's try the 'Get Moving' challenge again today. Try spelling out the name of one of your friends in school! If they have a short name, include their surname too.

A = 50 Jumping Jacks	N = 25 Burpees
B = 20 Crunches	O = 40 Jumping Jacks
C = 30 Squats	P = 15 Arm Circles
D = 15 Push-ups	Q = 30 Crunches
E = 1min Wall Sit	R = 15 Push-ups
F = 10 Burpees	S = 30 Burpees
G = 20 Arm Circles	T = 15 Squats
H = 20 Squats	U = 30 Arms Circles
I = 30 Jumping Jacks	V = 3min Wall Sit
J = 15 Crunches	W = 20 Burpees
K = 10 Push-ups	X = 60 Jumping Jacks
L = 2min Wall Sit	Y = 10 Crunches
M = 20 Burpees	Z = 20 Push-ups

6. Silent Statements

Click on this link to access a Padlet for this activity. It is all about reflecting on your time in St. Philomena's N.S.

<https://padlet.com/grainnehiggins25/bq9tlayf30jypgpz>

7. Sample a Subject - French



Bonjour mes amies!

I hope there are no French speakers reading this because my French is not up to scratch!

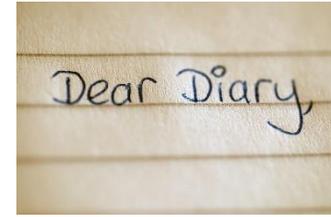
So, I'm going to leave it to the experts on YouTube!

Have a look at the video below and see if you can learn to count to ten in French.

https://www.youtube.com/watch?v=kSsk1Rv9_Ng

Un... deux... trois... allez!

8. Diary Entry



In your copy/ diary/ wherever you like, write down a little bit about what you did today. This can be personal, but if you have any questions or concerns it is a good idea to speak to someone at home. You are also very welcome to share your thoughts on the 6th Class Padlet.

You can write about whatever is on your mind but here are some ideas...

- What did you learn about today?
- What was your favourite activity?
- Did you learn anything that surprised you?

- Did you learn anything that made you excited for secondary school?
- Do you have any questions after today's activities?
- Did you talk to someone at home about your learning? What did you talk about?

Slán libh!



Before you finish up for the day, be sure to check back in on the Padlet, and comment if you haven't already. Make sure you have a chat with someone at home about what you learned too.

We have two quotes for you today that we think tie in nicely with our activities.

*"Start where you are. Use what
you have. Do what you can." -
- Arthur Ashe*

*"Be yourself. Everyone else is
already taken." -- Oscar Wilde*

These quotes remind us that we are all different. We all have our strengths and weaknesses. Myself and Mrs. Gaffey spoke about this and discovered that we both needed to work really hard at Science in school, it didn't always come naturally! On the other hand, Mrs. Gaffey loved English and French, and she was brilliant at those subjects. My favourite subject is Maths, and that's the subject I did best at in school.

I think you will discover next year that you can find what you are really good at and shine in those subjects! As for the subjects you find difficult - continue to do your best and you won't go too far wrong!

We hope you had a great day today!

Miss Higgins and Mrs. Gaffey 😊