

St. Philomena's N.S.

6th Class Transition Week

2020



Wednesday



Today's Activities:

1. Morning Music
2. Question of the day
3. Acrostic poem
4. Story and discussion - 'I am no good'.
5. Get moving!
6. 'Silent Statements' - Padlet
7. Science advice with Meg
8. Diary entry
9. Slán libh and quote of the day.

1. Morning Music



Have a listen to the song 'Unwritten' by
Natasha Bedingfield.

This song is all about embracing the
future and looking forward to making
your mark in the world!

<https://www.youtube.com/watch?v=TtGY4G7II6s>

2. Question of the Day



This question is taken from your 6th Class Passport. Have a think about your answer today. Use activity 3 to give you ideas!

‘I am good at...’

3. Acrostic Poem

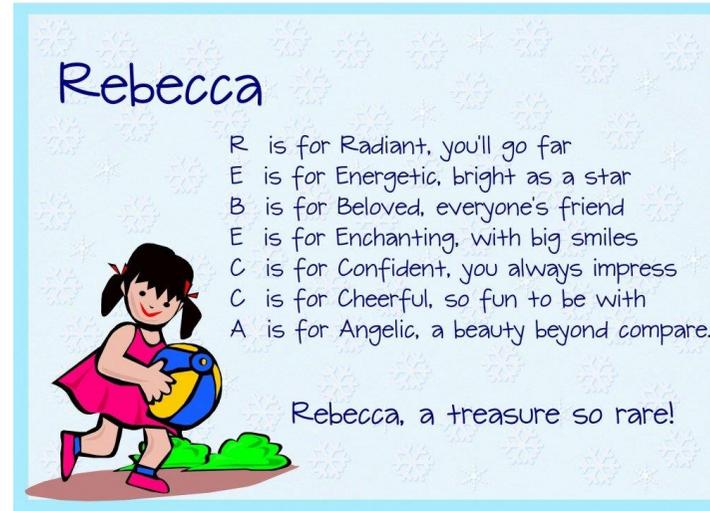
Have a think about all of the good things about you.

This might include your skills, subjects you are good at, or the qualities you have as a friend!

Then write an acrostic poem about all of the things that are great about you.

Remember, in an acrostic poem, the first letter in each line should spell a word.

Here are two examples of acrostic poems.



Use your name to give the first letter of each line. If you have a short name, use your surname too! You may write a full line for each letter, or just one word. The choice is yours. 😊

4. Story and discussion: 'I am no good'

For this activity, I would like you to click on the link to a Padlet. On this Padlet, you will find a story called 'I am no good'.

Please read the story. Then have a look at the questions and answer them as best you can. I think we can have a good discussion on this one, and I think your comments might really help some people out.

<https://padlet.com/grainnehiggins25/mxt8cgtly3esldp>

5. Get moving!



Time for some yoga! I have posted this video before so you may have tried it already. I think with yoga, the more practice you get the better!

Enjoy!

<https://www.youtube.com/watch?v=dF7O6-QabIo>



6. Science Advice with Meg

We have been so lucky to have Megan helping us with Science over the last couple of months. In this video, Megan gives you some more insight into Science in secondary school, as well as some super secondary school advice.

You will love this!

Thank you Megan! 😊

<https://www.youtube.com/watch?v=CAkMY2vAv-s&feature=youtu.be>

7. Diary Entry



In your copy/ diary/ wherever you like, write down a little bit about what you did today. This can be personal, but if you have any questions or concerns it is a good idea to speak to someone at home. You are also very welcome to share your thoughts on the 6th Class Padlet.

You can write about whatever is on your mind but here are some ideas...

- What did you learn about today?
- What was your favourite activity?
- Did you learn anything that surprised you?

- Did you learn anything that made you excited for secondary school?
- Do you have any questions after today's activities?
- Did you talk to someone at home about your learning? What did you talk about?

Slán libh!



Before you finish up for the day, be sure to check back in on the Padlet, and comment if you haven't already. Make sure you have a chat with someone at home about what you learned too.

Have a look at today's quote:

“I do not try to dance better than anyone else. I only try to dance better than myself.” - Arianna Huffington

This quote reminds us that we shouldn't compare ourselves to other people. Forget about everyone else, focus on yourself and do your best. Above all else, be kind to others and be kind to yourself!

Have a lovely evening!

Miss Higgins and Mrs. Gaffey 😊