

If you choose to work alone in the school you are requested to take the following precautions:

- Have your mobile phone with you
- Lock the front door
- Do not work at heights, on a ladder or steps
- Know the location of the nearest first aid kit
- Do not go into areas in which you might become trapped
- Do not do any tasks involving hazardous tools or materials
- When leaving, limit the amount you are carrying to have one hand free
- Please ensure that all lights are turned off and windows closed before you leave
- Ensure someone knows where you are and your estimated time of arrival home
- If you arrive at school and find any sign of intruders, do not enter the building call the Gardaí
- If you become aware of intruders or vandals, do not challenge them call the Gardaí.

You should not work alone if you have a medical condition that might cause you to become incapacitated or unconscious. Also when working alone, do not attempt any tasks which have been identified as medium or high risk, or which common sense tells you are potentially hazardous given your own level of expertise and the nature of the task.

Signed:_	Marie W	46	Date: <u>25/1/26</u>
_	Geraldre	gaffy	Date: <u>25/1/24</u>